

Umesh Bhargava

Clinical Pharmacist Specialist

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I have worked for 38 years in two MemorialCare hospitals and 30 years in Centinela Hospital Medical Center as a Clinical Pharmacist Specialist with the following responsibilities:

Review, interpret, and evaluate medication orders for appropriateness. Responsible for filling and dispensing medication orders including the proper handling, usage, and drugs storage in the pharmacy. Maintain the drug distribution system and supervise technical staff to ensure effective operation and service. Monitor drug therapy, intervene as appropriate, promote rational and cost-effective drug therapy selection to optimize drug treatment outcomes. Perform other relevant clinical, quality assurance, and performance improvement activities. Participate in departmental education and training as appropriate. Maintain departmental standards and translate policies and procedures into the daily operation of the pharmacy. Serve as a drug information resource to patients, physicians, nurses, and other healthcare professionals. Communicate and interact effectively with co-workers and the healthcare team in hospital. As a COE pharmacist in MemorialCare and Centinela Hospitals I was also responsible for two hospitals connected through intranet to assess, plan, intervene when necessary, implement and evaluate patient care in compliance with the other hospital policies, protocols and procedures similar to the telepharmacist responsibilities.

My educational degrees are: BS, B. Pharm, MS in Pharmacy and Ph.D. in Pharmacology. In my Ph.D. research and postdoctoral training I extracted Ellagic Acid from black walnuts and published nine Original articles on Ellagic Acid Pharmacology. Ellagic Acid is a natural phenol antioxidant compound found in numerous fruits and vegetables. The antiproliferative, antioxidant, and antihistaminic or antiinflammatory properties of Ellagic Acid have prompted further research by other people into its potential health care benefits. Ellagic Acid now has more than two thousand publications and patents.

Authorized to work in the US for any employer

WORK EXPERIENCE

Developed 10 Websites for Healthcare Professionals & Consumers

Hospital Pharmacists Information System - Walnut Self HealthCare - June 2005 to January 2017

Other Websites: Creative Mind Expansion, Living the Good Life by Building Your Inner Strengths, Living a Well Balanced Life, The Power of Self in a Powerful Mind, and The Pleasures of Life.

Clinical Pharmacist Specialist (Night Shift)

Long Beach Memorial Medical Center - Long Beach, CA - March 1977 to April 2015

Clinical Pharmacist Specialist (Night Shift)

Centinela Hospital Medical Center - Inglewood, CA - March 1977 to July 2007

Clinical Pharmacist

LAC/USC Medical Center - Los Angeles, CA - April 1975 to March 1977

Product Development and Consultant Pharmacist in LAC/USC Medical Center. In USC I was in charge of a new Cancer Center Satellite Pharmacy responsible for making chemotherapeutics and sterile preparations - TPN & Infusion Products, maintaining drug distribution, and monitoring of patients.

Senior Research and Development Pharmacist

American Based Industries - June 1967 to October 1975

I have 8 years experience in pharmaceutical industries as a chief person responsible for formulation, development, evaluation, analysis, and upscaling of pharmaceutical products from experimental stage to production, wrote analytical and production procedures and collected data for NDA submission and marketing.

Research Associate Pharmacist

University of Missouri- Medical Center - Columbia, MO - September 1961 to May 1967

Extracted Ellagic Acid from Black Walnuts and published nine Original research articles during this time.

EDUCATION**Ph.D. in Pharmacology**

University of Missouri Medical Center - Columbia, MO

September 1961 to August 1967

Master's in Pharmacy

St Louis College of Pharmacy - St. Louis, MO

September 1960 to August 1961

LINKS

<http://Walnutcarepharm.com>

<http://walnuthealthcare.weebly.com/>

<http://walnutselfhealthcare.weebly.com>

CERTIFICATIONS/LICENSES**Registered Pharmacist in California (Rph. - CA License)**

April 2016 to April 2018

BLS for Healthcare Providers (CPR and AED)

August 2015 to August 2017